

Problem #1

(a) From Lectures #10 & #11,  $\vec{S} \cdot \vec{n} = \frac{\hbar}{2} \vec{\sigma} \cdot \vec{n}$

$$\vec{n} = (\sin\theta \cos\phi, \sin\theta \sin\phi, \cos\theta)$$

↑ arbitrary unit vector

$$\begin{aligned} \vec{S} \cdot \vec{n} &= \frac{\hbar}{2} \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} \sin\theta \cos\phi + \frac{\hbar}{2} \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix} \sin\theta \sin\phi + \\ &+ \frac{\hbar}{2} \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix} \cos\theta = \frac{\hbar}{2} \begin{pmatrix} \cos\theta & \sin\theta e^{-i\phi} \\ e^{i\phi} \sin\theta & -\cos\theta \end{pmatrix} \end{aligned}$$

Now find eigenvalues:

$$\det \begin{vmatrix} \frac{\hbar}{2} \cos\theta - \lambda & \frac{\hbar}{2} \sin\theta e^{-i\phi} \\ \frac{\hbar}{2} e^{i\phi} \sin\theta & -\frac{\hbar}{2} \cos\theta - \lambda \end{vmatrix} = 0 \Rightarrow -\frac{\hbar^2}{4} \cos^2\theta + \lambda^2 - \frac{\hbar^2}{4} \sin^2\theta = 0 \Rightarrow$$

$$\lambda = \pm \frac{\hbar}{2}$$

Eigenstates:

$$|S_n = +\frac{\hbar}{2}\rangle: \begin{bmatrix} \frac{\hbar}{2} (\cos\theta - 1) & \frac{\hbar}{2} \sin\theta e^{-i\phi} \\ \frac{\hbar}{2} e^{i\phi} \sin\theta & -\frac{\hbar}{2} (\cos\theta + 1) \end{bmatrix} \begin{bmatrix} c_1 \\ c_2 \end{bmatrix} = 0$$

$$c_1 (\cos\theta - 1) + c_2 \sin\theta e^{-i\phi} = 0$$

Recall:  $1 - \cos\theta = 2 \sin^2 \frac{\theta}{2}$ ,  $\sin\theta = 2 \sin \frac{\theta}{2} \cos \frac{\theta}{2}$

Then,  $C_1 \cdot 2 \sin^2 \frac{\theta}{2} = C_2 \cdot 2 \sin \frac{\theta}{2} \cos \frac{\theta}{2} e^{-i\varphi} \Rightarrow$

$$C_2 = e^{i\varphi} \tan \frac{\theta}{2} C_1$$

$$|S_n = +\frac{\hbar}{2}\rangle = \begin{bmatrix} 1 \\ e^{i\varphi} \tan \frac{\theta}{2} \end{bmatrix} \cdot \frac{1}{\sqrt{1 + \tan^2 \frac{\theta}{2}}} = \begin{bmatrix} \cos \frac{\theta}{2} \\ e^{i\varphi} \sin \frac{\theta}{2} \end{bmatrix}$$

$$|S_n = -\frac{\hbar}{2}\rangle \underset{\substack{\uparrow \\ \text{similarly}}}{=} \begin{bmatrix} -\sin \frac{\theta}{2} \\ e^{i\varphi} \cos \frac{\theta}{2} \end{bmatrix}$$

(b)  $\langle S_n = +\frac{\hbar}{2} | \vec{S} \cdot \vec{n} | S_n = +\frac{\hbar}{2} \rangle = ? =$

$$= \langle S_n = +\frac{\hbar}{2} | S_x n_x + S_y n_y + S_z n_z | S_n = +\frac{\hbar}{2} \rangle =$$

$$= \frac{\hbar}{2} \langle S_n = +\frac{\hbar}{2} | \sigma_x n_x + \sigma_y n_y + \sigma_z n_z | S_n = +\frac{\hbar}{2} \rangle =$$

$$\begin{pmatrix} n_z & n_x - i n_y \\ n_x + i n_y & -n_z \end{pmatrix} = \begin{pmatrix} \cos\theta & \sin\theta e^{-i\varphi} \\ e^{i\varphi} \sin\theta & -\cos\theta \end{pmatrix}$$

$$= \frac{\hbar}{2} \begin{bmatrix} \cos \frac{\theta}{2} & e^{-i\varphi} \sin \frac{\theta}{2} \end{bmatrix} \begin{bmatrix} \cos \theta & \sin \theta e^{-i\varphi} \\ e^{i\varphi} \sin \theta & -\cos \theta \end{bmatrix} \begin{bmatrix} \cos \frac{\theta}{2} \\ e^{i\varphi} \sin \frac{\theta}{2} \end{bmatrix}$$

$$= \frac{\hbar}{2} \begin{bmatrix} \cos \frac{\theta}{2} & e^{-i\varphi} \sin \frac{\theta}{2} \end{bmatrix} \begin{bmatrix} \cos \theta \cos \frac{\theta}{2} + \sin \theta \sin \frac{\theta}{2} e^{-i\varphi} \\ e^{i\varphi} \sin \theta \cos \frac{\theta}{2} - \cos \theta \sin \frac{\theta}{2} e^{i\varphi} \end{bmatrix} =$$

3

$$= \frac{\hbar}{2} \left( \underbrace{\cos^2 \frac{\theta}{2} \cos \theta}_{+} + \underbrace{\sin \theta \cos \frac{\theta}{2} \sin \frac{\theta}{2}}_{-} + \right. \\ \left. + \underbrace{\sin \theta \sin \frac{\theta}{2} \cos \frac{\theta}{2}}_{-} - \underbrace{\sin^2 \frac{\theta}{2} \cos \theta}_{+} \right) = \frac{\hbar}{2} (\cos^2 \theta + \sin^2 \theta) = \frac{\hbar}{2}$$

↑ which is of course expected,

since  $(\vec{S} \cdot \vec{n}) = S_n \Rightarrow S_n |S_n = +\frac{\hbar}{2}\rangle = \frac{\hbar}{2} |S_n = \frac{\hbar}{2}\rangle$

What about

$$\langle S_z = +\frac{\hbar}{2} | S_n | S_z = +\frac{\hbar}{2} \rangle ? \Rightarrow$$

$$|S_z = +\frac{\hbar}{2}\rangle = \begin{pmatrix} 1 \\ 0 \end{pmatrix} \Rightarrow$$

$$\frac{\hbar}{2} \begin{bmatrix} 1 & 0 \end{bmatrix} \begin{bmatrix} \cos \theta & \sin \theta e^{-i\varphi} \\ e^{i\varphi} \sin \theta & -\cos \theta \end{bmatrix} \begin{bmatrix} 1 \\ 0 \end{bmatrix} = \frac{\hbar}{2} \begin{bmatrix} 1 & 0 \end{bmatrix}$$

$$\cdot \begin{bmatrix} \cos \theta \\ e^{i\varphi} \sin \theta \end{bmatrix} = \frac{\hbar}{2} \cos \theta = \frac{\hbar}{2} n_z$$



# Problem #4

$$H = \frac{a}{\hbar^2} (\vec{S}_x^2 + \vec{S}_y^2 + 2\vec{S}_z^2) - \frac{b}{\hbar} S_z =$$

$$= \frac{a}{\hbar^2} (\vec{S}^2 - 3\vec{S}_z^2) - \frac{b}{\hbar} S_z \leftarrow \text{obviously, } H \text{ is diagonal in the } \{|s, m_s\rangle\} \text{ basis}$$

$$E_{m_s} = \langle s, m_s | H | s, m_s \rangle =$$

$$= \frac{a}{\hbar^2} (\hbar^2 s(s+1) - 3\hbar^2 m_s^2) - \frac{b}{\hbar} \hbar m_s =$$

$$= \frac{a}{\hbar^2} (\hbar^2 (s(s+1) - 3m_s^2)) - b m_s = a \left( \frac{15}{4} - 3m_s^2 \right) - b m_s$$

$\uparrow$   
 $s = \frac{3}{2}$

Since  $|m_s| \leq s \Rightarrow$

$$m_s = -\frac{3}{2}, -\frac{1}{2}, \frac{1}{2}, \frac{3}{2}$$

$$\text{Then, } E_{m_s = -\frac{3}{2}} = \frac{15}{4}a - 3a \cdot \frac{9}{4} - b \cdot \left(-\frac{3}{2}\right) = \underline{-3a + \frac{3}{2}b}$$

$$E_{m_s = -\frac{1}{2}} = \frac{15}{4}a - 3a \cdot \frac{1}{4} - b \cdot \left(-\frac{1}{2}\right) = \underline{3a + \frac{b}{2}}$$

$$E_{m_s = +\frac{1}{2}} = \frac{15}{4}a - 3a \cdot \frac{1}{4} - b \cdot \frac{1}{2} = \underline{3a - \frac{b}{2}}$$

$$E_{m_s = +\frac{3}{2}} = \frac{15}{4}a - 3a \cdot \frac{9}{4} - b \cdot \frac{3}{2} = \underline{-3a - \frac{3}{2}b}$$

# Problem #3



Problem 3.22 of Sakurai (red) or 3.26 (grey) (3.38 in the newest edition) (3rd edition)

(a) Consider  $j=1$

$$\langle 1, m' | J_y | 1, m \rangle = ? \Rightarrow \text{obviously, diagonal elements (i.e. } m'=m) \text{ are 0}$$

$$J_y = \frac{J_+ - J_-}{2i}; \quad J_{\pm} |j, m\rangle = \hbar \sqrt{j(j+1) - m(m\pm 1)} |j, m\pm 1\rangle$$

$$j=1 \Rightarrow J_{\pm} |1, m\rangle = \hbar \sqrt{2 - m(m\pm 1)} |1, m\pm 1\rangle$$

$\Downarrow$

$$m = -1, 0, 1 \Rightarrow J_{\pm} |1, \pm 1\rangle \Rightarrow J_- |1, -1\rangle = 0$$

$$J_+ |1, +1\rangle = 0$$

$$J_+ |1, -1\rangle = \hbar \sqrt{2} |1, 0\rangle$$

$$J_- |1, 1\rangle = \hbar \sqrt{2} |1, 0\rangle$$

$$J_{\pm} |1, \mp 1\rangle = \hbar \sqrt{2 \pm 1(\mp 1 \pm 1)} |1, \mp 1 \pm 1\rangle$$

$$\langle 1, \mp 1 | J_y | 1, \mp 1 \rangle = 0$$

The only non-zero elements are:

$$\langle 1, 0 | \frac{J_+ - J_-}{2i} | 1, -1 \rangle = \frac{1}{2i} \hbar \sqrt{2}$$

$$\langle 1, 0 | \frac{J_+ - J_-}{2i} | 1, 1 \rangle = -\frac{1}{2i} \hbar \sqrt{2}$$

and their conjugates (i.e.  $\langle 1, \pm 1 | J_y | 1, 0 \rangle$ )

$$J_y^{(j=1)} = \frac{\hbar}{2} \begin{matrix} m=1 \swarrow & 0 & -1 & m'= \\ & \begin{pmatrix} 0 & -i\sqrt{2} & 0 \\ i\sqrt{2} & 0 & -i\sqrt{2} \\ 0 & i\sqrt{2} & 0 \end{pmatrix} & \\ & & & \begin{matrix} 1 \\ 0 \\ -1 \end{matrix} \end{matrix}$$

(b) Expand  $e^{-\frac{i}{\hbar} J_y \beta}$  into Taylor series  $\Rightarrow$



$$e^{-\frac{i}{\hbar} J_y \beta} = 1 - \frac{i}{\hbar} J_y \beta + \left(\frac{i}{\hbar} J_y \beta\right)^2 \frac{1}{2!} + \left(-\frac{i}{\hbar} J_y \beta\right)^3 \frac{1}{3!} + \dots$$

$\uparrow$   
 $e^x = \sum_{n=0}^{\infty} \frac{x^n}{n!}$

Consider  $\left(\frac{J_y (J=1)}{\hbar}\right)^3 = \frac{1}{8} \begin{pmatrix} 0 & -i\sqrt{2} & 0 \\ i\sqrt{2} & 0 & -i\sqrt{2} \\ 0 & i\sqrt{2} & 0 \end{pmatrix} \begin{pmatrix} 0 & -i\sqrt{2} & 0 \\ i\sqrt{2} & 0 & -i\sqrt{2} \\ 0 & i\sqrt{2} & 0 \end{pmatrix}$

$\uparrow$   
from (a)

$$\begin{pmatrix} 0 & -i\sqrt{2} & 0 \\ i\sqrt{2} & 0 & -i\sqrt{2} \\ 0 & i\sqrt{2} & 0 \end{pmatrix} = \frac{1}{8} \begin{pmatrix} 2 & 0 & -2 \\ 0 & 4 & 0 \\ -2 & 0 & 2 \end{pmatrix} \begin{pmatrix} 0 & -i\sqrt{2} & 0 \\ i\sqrt{2} & 0 & -i\sqrt{2} \\ 0 & i\sqrt{2} & 0 \end{pmatrix} =$$

$$= \frac{1}{8} \begin{pmatrix} 0 & -4i\sqrt{2} & 0 \\ 4i\sqrt{2} & 0 & -4i\sqrt{2} \\ 0 & 4i\sqrt{2} & 0 \end{pmatrix} = \frac{1}{2} \begin{pmatrix} 0 & -i\sqrt{2} & 0 \\ i\sqrt{2} & 0 & -i\sqrt{2} \\ 0 & i\sqrt{2} & 0 \end{pmatrix} = \frac{J_y (J=1)}{\hbar}$$

Then,  $e^{-\frac{i}{\hbar} J_y \beta} = 1 - \frac{i}{\hbar} J_y \beta + \left(-\frac{i}{\hbar} J_y\right)^2 \frac{\beta^2}{2!} + \left(+\frac{i}{\hbar} J_y\right) \frac{\beta^3}{3!} + \left(\frac{J_y}{\hbar}\right)^2 \frac{\beta^4}{4!} + \dots$

$$= 1 - \frac{i}{\hbar} J_y \left(\beta - \frac{\beta^3}{3!} + \dots\right) - \left(\frac{J_y}{\hbar}\right)^2 \left(\frac{\beta^2}{2!} - \frac{\beta^4}{4!} + \dots\right)$$

$$= \underline{1 - \frac{i}{\hbar} J_y \sin \beta} - \left(\frac{J_y}{\hbar}\right)^2 (1 - \cos \beta)$$

$\sin \beta$

$\frac{\beta^2}{2!} - \frac{\beta^4}{4!} + \dots$   
 $\underline{1 - \cos \beta}$

$$(c) d_{m'm}^{(j=1)}(\beta) = \langle j_1 m' | e^{-\frac{i}{\hbar} J_y \beta} | j_1 m \rangle =$$

$$= \langle j_1 m' | 1 - \left(\frac{J_y}{\hbar}\right)^2 (1 - \cos\beta) - i \left(\frac{J_y}{\hbar}\right) \sin\beta | j_1 m \rangle =$$

$$= \begin{pmatrix} 1 & 0 & 0 \\ 0 & 1 & 0 \\ 0 & 0 & 1 \end{pmatrix} - \frac{1}{\hbar^2} \cdot \left(\frac{\hbar}{2}\right)^2 \cdot \begin{pmatrix} 2 & 0 & -2 \\ 0 & 4 & 0 \\ -2 & 0 & 2 \end{pmatrix} \cdot (1 - \cos\beta) -$$

↑  
 $J_y^2$  from (b)

$$- \frac{i}{\hbar} \cdot \frac{\hbar}{2} \begin{pmatrix} 0 & -i\sqrt{2} & 0 \\ i\sqrt{2} & 0 & -i\sqrt{2} \\ 0 & i\sqrt{2} & 0 \end{pmatrix} \sin\beta = \begin{pmatrix} 1 - \frac{1}{2}(1 - \cos\beta) & -\frac{\sqrt{2}}{2} \sin\beta \\ \frac{\sqrt{2}}{2} \sin\beta & 1 - \cos\beta \\ \frac{1}{2}(1 - \cos\beta) & \frac{\sqrt{2}}{2} \sin\beta \end{pmatrix}$$

$$\begin{pmatrix} \frac{1}{2}(1 - \cos\beta) \\ -\frac{\sqrt{2}}{2} \sin\beta \\ 1 - \frac{1}{2}(1 - \cos\beta) \end{pmatrix} = \begin{pmatrix} \frac{1}{2}(1 + \cos\beta) & -\frac{\sqrt{2}}{2} \sin\beta & \frac{1}{2}(1 - \cos\beta) \\ \frac{\sqrt{2}}{2} \sin\beta & \cos\beta & -\frac{\sqrt{2}}{2} \sin\beta \\ \frac{1}{2}(1 - \cos\beta) & \frac{\sqrt{2}}{2} \sin\beta & \frac{1}{2}(1 + \cos\beta) \end{pmatrix}$$


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Problem #4

$$H_{\text{total}} = H_{\text{Coulomb}} + \underbrace{H_{\text{hf}}}_{A \vec{S}_1 \cdot \vec{S}_2}$$

(a) The state of the system is described by

$$|\psi\rangle = |1, 0, 0\rangle \otimes |S, m_S\rangle$$

$$H_{\text{total}} |\psi\rangle = E |\psi\rangle$$

↓

$$(H_{\text{Coulomb}} + H_{\text{hf}}) |\psi\rangle = -\frac{E_I}{1} |\psi\rangle + A \underbrace{\vec{S}_1 \cdot \vec{S}_2}_{\frac{\vec{S}^2 - \vec{S}_1^2 - \vec{S}_2^2}{2}} |\psi\rangle$$

↑  
Ground-state energy of

$$= \left( -\frac{E_I}{1} + \frac{A}{2} \hbar^2 (S(S+1) - \frac{3}{4} \cdot 2) \right) |\psi\rangle$$

↑  
H-atom

$$E = -E_I + \frac{A \hbar^2}{2} \left( S(S+1) - \frac{3}{2} \right)$$


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(9)

Singlet:  $s=0 \Rightarrow E = -E_I - \frac{3}{4} A \hbar^2$

Triplet:  $s=1 \Rightarrow E = -E_I + \frac{A \hbar^2}{4}$

(b)  $A \sim \frac{e}{mc} \frac{5.6e}{2Mc} \frac{1}{a_0^3}$

$\Delta E = E_{\text{triplet}} - E_{\text{singlet}} = A \hbar^2$

Ground-state energy  $\Rightarrow |E_I| = \frac{me^4}{2\hbar^2} = \frac{e^2}{2a_0}$

Energy correction:

$\left| \frac{\Delta E}{E_I} \right| = \frac{A \hbar^2}{e^2} \cdot 2a_0 = \frac{e}{mc} \frac{5.6e}{2Mc} \frac{1}{a_0^3} \frac{\hbar^2 \cdot 2a_0}{e^2} = 5.6 \frac{\hbar^2}{mMc^2 a_0^2}$

$\stackrel{\uparrow}{=} 5.6 \frac{\hbar^2}{mMc^2} \cdot \frac{m^2 c^4}{\hbar^4} = 5.6 \frac{m}{M} \frac{e^4}{\hbar^2 c^2} = 5.6 \frac{m}{M} \alpha^2$

$a_0 = \frac{\hbar^2}{me^2}$

$\alpha^2 \leftarrow$  fine-structure constant ( $\alpha = \frac{1}{137}$ )

(c) From (b):

$\Delta E \sim 5.6 \frac{m}{M} \alpha^2 E_I = 5.6 \cdot \frac{1}{1836} \cdot \left(\frac{1}{137}\right)^2 \cdot 13.6 \text{ eV}$

$\nu = \frac{\Delta E}{h} = \frac{5.6 \cdot \frac{1}{1836} \cdot \left(\frac{1}{137}\right)^2 \cdot 13.6 \cdot 1.6 \cdot 10^{-19}}{6.6 \cdot 10^{-34}} = 5.4 \cdot 10^8 \text{ Hz}$

$\lambda_{\text{exp}} = 21.4 \text{ cm} \leftrightarrow \lambda_{\text{theor}} = \frac{c}{\nu} \approx 56 \text{ cm}$

(d) Since there are 3 states with  $E_{\text{triplet}}$  and one with  $E_{\text{singlet}}$ ,

statistically  $\frac{P_{\text{triplet}}}{P_{\text{singlet}}} = \frac{3}{1} \Rightarrow$  out of 20  $(H)_{\alpha_0}$  15 will be in triplet and 5 in a singlet state.